



The Moving On Workshop Series includes five training sessions, plus three optional sessions for participants only, where participants (individuals with disabilities) and their families/teams create their own Individualized Moving On Plan (iMop). The workshops were designed to focus on concrete, practical information that can educate participants and families and creatively address barriers to moving on.

Each workshop series includes a pre-session phone call, where information is gathered from each family to allow the LOV Inc. facilitators to customize the materials and sessions based on the participants.

**Outcomes include:**

- Increased independence while living in family home, practicing skills for moving out
- Identifying specific apartments or homes to move into and learning about affordable housing
- Creating a detailed plan of support needs and budget for support costs
- Creating a detailed budget of personal expenses
- Learning about technology, support services and financial support that can make moving on possible
- Connecting with potential roommates or neighbors with an emphasis on sharing support to maximize support dollars

**What:** Five workshops where families/teams and participants create an Individualized Moving On Plan and three optional workshops for the participants separate from their team.

**When:** Wednesday evenings over a 2-3 month time frame

2025 Session Dates: January 22, February 5, February 26, March 19, March 26 (all sessions from 6:00-8:30 p.m.)

2025 Optional add-on package of three Participant-only Sessions: January 29, February 19, March 5 (all participant-only sessions from 6:00-7:30 p.m.)

**Where:** Online via Zoom

**Who:** Your team could include the participant (individual with disabilities), family members, friends and paid supporters.



**Living Our Visions, Inc.  
Moving On Workshop Series**  
[www.lovinc.org](http://www.lovinc.org)

**Cost:** Each team (see above) will pay \$115.00 per session to participate in the workshops for a total cost of \$575.00. This can be paid privately or with IRIS/Family Care/CLTS funds. The cost covers the materials, facilitator's time, customized support for each participant and team, and resources to envision the next steps. To participate in the three optional participant-only meetings, there will be an additional cost of \$345, for a total cost of \$920.00.

**Service Codes:**

IRIS: Consumer Education and Training, S9446

Family Care: Consumer Education and Training, S9445

CLTS: Empowerment & Self Determination Supports: 113, S9445 (U7)

**Questions?** Contact Brenna DeGraff at [brenna@lovinc.org](mailto:brenna@lovinc.org)