



The Moving On Workshop Series includes five training sessions, plus three additional sessions with a participant focus, where participants (individuals with disabilities) and their families/teams create their own Individualized Moving On Plan (iMop). The workshops were designed to focus on concrete, practical information that can educate participants and families and creatively address barriers to moving on.

Each workshop series includes a pre-session phone call, where information is gathered from each family to allow the LOV Inc. facilitators to customize the materials and sessions based on the participants.

**Outcomes include:**

- Increased independence while living in family home, practicing skills for moving out
- Identifying specific apartments or homes to move into and learning about affordable housing
- Creating a detailed plan of support needs and budget for support costs
- Creating a detailed budget of personal expenses
- Learning about technology, support services and financial support that can make moving on possible
- Connecting with potential roommates or neighbors with an emphasis on sharing support to maximize support dollars

**What:** Eight workshops where families/teams and participants create an Individualized Moving On Plan and three optional workshops for the participants separate from their team.

**When:** Wednesday evenings over a 2-3 month time frame  
2026 Main Session Dates: January 21, February 4, February 25, March 18, April 1st (all sessions from 6:00-8:30 p.m.)  
2026 Three Participant-Focused Sessions: January 28, February 18, March 4 (all participant-focused sessions from 6:00-7:30 p.m.)

**Where:** Online via Zoom

**Who:** Your team could include the participant (individual with disabilities), family members, friends and paid supporters.



**Living Our Visions, Inc.**  
**Moving On Workshop Series**  
[www.lovinc.org](http://www.lovinc.org)

**Cost:** Each team (see above) will pay \$115.00 per session to participate in the workshops for a total cost of \$920.00. This can be paid privately or with IRIS/Family Care/CLTS funds. The cost covers the materials, facilitator's time, customized support for each participant and team, and resources to envision the next steps. You can opt out of the participant focused sessions and materials, which brings the cost down to \$575 for the series.

**Service Codes:**

IRIS: Consumer Education and Training, S9446

Family Care: Consumer Education and Training, S9445

CLTS: Empowerment & Self Determination Supports: 113, S9445, Modifier U7

**Questions?** Contact Jessica Ellenbecker at [jessica@lovinc.org](mailto:jessica@lovinc.org)